

ALL DAY MENU * THE RUCK * TROY NY

CRISPY * APPETIZING * SNACKIFYING * THIRST QUENCHING

104 Third Street * 518-273-1872 * getrucked.com



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FLATBREADS

Served with a side of Dressed Greens



Hummus Flat \$13 vg/v

Hummus, Cucumber, Grape Tomato, Roasted Red Peppers, Sautéed Green Peppers, Falafel, Cilantro Aioli

Steak Flat \$14

Shredded Cheddar Jack, Shredded Steak, Caramelized Onions, Sautéed Mushrooms, Tailgate Dressing

Caprese Flat \$13

House made Marinara, Fresh Mozzarella Slices, Spinach, Balsamic Drizzle

Chicken Bacon Ranch Flat \$14

House made Marinara, Shredded Mozzarella, Shredded Chicken, Bacon Crumbles, Ranch Dressing

SANDWICHES & PLATES

Served with Fries, Cilantro Lime Slaw or Dressed Greens

Turkey Sandwich \$12

Turkey, Cheddar, Roasted Red Peppers, Spinach and Roasted Red Pepper Aioli on a Focaccia Bread

Legend Chicken Sandwich \$14

Crispy Fried Chicken, Cilantro Lime Slaw, Habanero Bacon Jam, and Pickle on a Kaiser Roll

Pork Schnitzel Sandwich \$13

Fried Pork Cutlet, Onions, Lettuce, Bacon Habanero Jam and Cilantro Aioli on Focaccia Bread

Falafel Wrap \$13 vg/ v

Falafel, Tomato, Red Onion, Cucumber, Sweet Potato Hummus, Spinach and Lemon Vinaigrette

Philly Cheesesteak \$15

Shredded Steak, Caramelized Onions, Roasted Red Peppers, Sautéed Green Peppers, Shredded Cheddar Jack, Jalapeno Ranch

BBQ Chicken Philly \$15

BBQ Marinated Shredded Chicken, Caramelized Onions, Bacon Crumbles, Shredded Cheddar Jack, Jalapeno Ranch

Garbage Plate \$15

Home Fries, Mac Salad, Choice of Two 6oz Burgers, Two Hot Dogs or One of Each, Covered in Chili, Diced Onions and 2 Slices of White Bread

BURGERS

Choose Beef, Chicken, or House Sweet Potato, Quinoa and Black Bean Burger

Served with Fries, Dressed Greens, or Cilantro Lime Slaw

+ \$1 American, Swiss, Cheddar, +\$2 Smoked Gouda, +\$3 Vegan Cheese

+\$3gf Bun

Roxanne Burger \$15

Grilled Beef Burger, Smoked Gouda, Candied Bacon, Spinach, Roasted Red Peppers, Roasted Red Pepper Aioli on a Brioche Bun

Mushroom Swiss Burger \$14

Arugula, Caramelized Onions, Grilled Beef Burger, Swiss Cheese, Sautéed Mushrooms and Mayo on a Brioche Bun

Tailgate Buger \$14

Romaine, Sliced Onion, Grilled Beef Burger, American Cheese, Bacon, and Tailgate Sauce on a Kaiser Bun

Wingburger \$12

Romaine, Grilled Beef Burger, Choice of Wing Sauce, and Blue Cheese on a Kaiser Bun

Ruck Burger \$10

Grilled Burger, Lettuce, Tomato on a Kaiser Bun



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WINGS

Mild * Medium * Hot * BBQ * BBQ Hot * Buffalo Garlic Parm
Garlic Parm Butter * Brother Robert Hot * Vegan Mild * Vegan Medium * Vegan Hot

Classic Jumbo Wings

8 wings/ \$12

minimum 6 wings / one sauce per count

12 wings/ \$18

20 wings/ \$28

Seitan "Wings" \$13

Boneless Wings \$12



CRISPS

Hand Cut House Fries v/gf

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Classic Freezer Fries v/gf

Tater Tots v/gf

small /\$4

large / \$6

+\$3 Sugar Dusted Sweet Potato Waffle Fries & Melba

Make 'em Cheese, or Gravy +\$3

+\$3 Battered Onion Rings & Horseradish Dip

Make 'em Vegan Cheez, Disco, or Hot +\$4

White Guy Wasted \$12

Tots Smothered in Bacon, Cheddarjack, Housemade Beer Cheese & Ranch



BITES

Drunken Dutchman vg \$9

Deep fried Pretzel sticks with Beer & Green Chili Queso or
Horseradish Mustard

Mozzarella Sticks vg *v \$9

Choice of v/gf House made Marinara or v/gf Melba Dip (Vegan
Sticks available)

Fried Green Tomatoes \$9

served with a Cilantro Aioli

Soup of the Day \$4/ \$6

Ask your server about today's selection

Wingburger Chili \$5/\$8

Chili, Wing Sauce and Blue Cheese

Pierogies \$7

Potato and Cheese Pierogies with French Onion Dip

Chili Dogs \$11

Two Hot Dogs covered in Wingburger Chili, Carmelized Onions
and Honey Mustard

SALADS

gf Grilled Chicken \$4/ Crispy Chicken \$4 / v Breaded Seitan \$4
gf Beef Burger \$4/ v/gf Veggie Burger \$4/

Garden Salad v/gf \$4/ \$7

Spring Mix, Shredded Carrots, Grape Tomatoes, Diced Onions and
Diced Cucumbers with Dijon Vinaigrette

Caesar Salad \$11

Chopped Romaine, Shaved Parmesan, Croutons, Tomato, Housemade
Caesar Dressing

Lemon Chicken Salad \$14

Chopped Romaine, Grape Tomatoes, Diced Onions, Grilled Chicken,
Flatbread Wedges, Lemon Vinaigrette

Almond Salad \$13

Spring Mix, Arugula, Shaved Parm, Grape Tomatoes, Toasted
Almonds, Lemon Vinaigrette

Fried Chicken Salad \$14

Spinach, Roasted Red Peppers, Diced Onions, Carrots, Boneless
Chicken, Honey Mustard